

# OPTIMIZE COGNITIVE FUNCTION AND IMPROVE MEMORY



## BRAIN BOOST DAILY – CROSSES BLOOD BRAIN BARRIER FOR OPTIMAL BRAIN HEALTH

Dr. Prasad formulated Brain Boost to optimize your brain’s function with ingredients that cross the blood brain barrier. Carefully formulated to work synergistically with Micro Daily, Brain Boost has the power to improve brain and memory function by reducing oxidative damage and promoting anti-inflammation responses.

## FREE RADICALS ARE KILLING NEURONS IN YOUR BRAIN.

Your brain uses more oxygen than any other organ in your body to generate energy. But excessive oxygen often leaks throughout your brain and produces dangerous free radicals that cause long-term harm by destroying neurons in your brain. Damaged cells, if not properly healed, produce chronic inflammation that release pro-inflammatory toxic chemicals that neutralize nerve cells and slow your brain down. We are all literally losing our minds to free radicals. Brain Boost neutralizes those free radicals so you can stay sharp mentally and slow down the effects of aging.

## IMPORTANT FEATURES & INGREDIENTS

### Nrf2

Brain Boost includes Nrf2 activators such as CoQ10 that will increase the levels of antioxidant enzymes and detoxifying enzymes—essential for protecting neurons against damage produced by free-radicals and pro-inflammatory toxic chemicals.

### MicroRNAs

Brain Boost includes Resveratrol, Curcumin, and CoQ10 that will increase and decrease the expression of microRNAs. MicroRNAs protect neurons by reducing the levels of the proteins that damage them and enhancing the levels of the proteins that protect them.

**Resveratrol and curcumin** work together to protect nerve cells by reducing oxidative damage and pro-inflammatory toxic chemicals.

**Coenzyme Q10** activates Nrf2 and is required by the mitochondria in the brain to generate energy.

**Nicotinamide** (vitamin B3) increases energy by preserving mitochondrial function and reduces oxidative stress by reducing toxicity.

**Phosphatidylserine** (PS) is needed to prevent structural deterioration of membranes during aging. Because it is absorbed efficiently, it crosses the blood brain barrier easily and can help improve memory function and provide a protective barrier for the brain.

**Phosphatidylcholine** (PC) helps prevent stress-induced behavior and memory impairment and can enhance the action of PC in enhancing memory.

## KEY BENEFITS

Specially Formulated with Micronutrients that Cross the Blood Brain Barrier to Promote:

- Increased Energy
- Enhanced Memory
- Mitochondria Growth for more energy
- Less Brain Fog
- Healthy Brain Aging



## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60 Capsules

	Amount per serving	% Daily Value
Niacin (as Niacinamide Ascorbate)	25 mg	156%
Choline (as Phosphatidylcholine)	50 mg	9%
Curcumin (Turmeric Root Extract)	50 mg	*
Coenzyme Q10	15 mg	*
Phosphatidylserine	12.5 mg	*
Resveratrol (trans-resveratrol)	12.5 mg	*

\*Daily Value not established.

### INGREDIENTS:

Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

ALLERGENS: Contains Soy.

